



Seeking Expressions of Interest

Wellbeing 'Telephone Check-In' VOLUNTEERS INDOOROOPILLY / Office Based

1-2 days per week (seeking ongoing commitment)

Rural Aid Mental Health & Wellbeing Team

To support the ongoing wellbeing of our Registered Farmers and Primary Producers, Rural Aid is seeking expressions of interest to act in a voluntary capacity to join a newly formed 'Office-based' team (Indooroopilly) to conduct outbound check-in calls to our Farmers and lend general administrative support to the activities of our MHWB team.

Additional information on the role is provided below, however this opportunity may likely suit Volunteers with a background in counselling, mental health, social work, or a related field (but is not mandatory). Perhaps demonstrated prior experience in a dedicated helping or caring role, such as volunteering in a healthcare setting, or providing peer support.

Specifically, any prior relevant training in an area of Mental Health education such as Mental Health First Aid or Accidental Counselling would be highly beneficial, as would experience living and/or working with farmers in rural communities.

Sound like you? Please review the information provided below.
We would be delighted to hear from you.

Rural Aid Wellbeing Supporters – Volunteer Role	
<p>Location / Hours (1-2 days per week)</p>	<p>Indooroopilly, Brisbane <i>circa</i> 10.00am – 2.00pm Weekdays only (flexible)</p>
Duties & Responsibilities – Volunteer	
<p>As a Volunteer with the Mental Health and Wellbeing team, you will play a crucial role in supporting the well-being of Farmers and rural communities.</p>	

These newly established roles will include a focus on:

- providing empathetic and non-judgmental support to individuals accessing the mental health and wellbeing team by supporting intake and/or outgoing calls to farmers and facilitating referrals to qualified Counsellors where necessary, whilst maintaining confidentiality and upholding professional boundaries in all interactions with service users and your colleagues.

For more information on this opportunity, or to arrange a confidential discussion – please contact either;

Myf Pitcher

Manager – Mental Health & Wellbeing

Office: 1300 327 624

Email:

mhwb@ruralaid.org.au

Jon Mathias

People & Capability Coordinator

Mobile: 0476 755 444

Email:

jon.mathias@ruralaid.org.au

